



COURTYARD

HOTEL 7

STARTERS

NOODLE SOUP - VEGAN 7.50

CLEAR VEGETABLE BROTH WITH RICE NOODLES, SPRING ONION, PAK CHOI AND CARROTS
CONTAINS ALLERGENS: 8,9

HONEY BACON BBQ CHICKEN LOLLIPOP 10

BAKED IN A BOURBON FLAVOURED BARBECUE SAUCE
CONTAINS ALLERGENS: 9,11

PARMA HAM AND MELON WITH CANDIED BALSAMIC DRIZZLE 9

SERRANO HAM WITH SWEET CANTALOUPE MELON SPRINKLED WITH SUNDRIED TOMATOES AND BASIL

TIGER PRAWNS SALAD 12

CORIANDER AND WATERCRESS SALAD WITH SUMPTUOUS TIGER PRAWNS AND AN ASIAN INSPIRED DRESSING
CONTAINS ALLERGENS: 1 (PRAWNS),8,9,10

HOMEMADE CHICKPEA CAKE - VEGAN 10.50

FLAVOURFUL CHICKPEA CAKE WITH A ROCKET SALAD, SMOKED TOMATO RELISH DRESSED WITH MANGO AND CURRY
CONTAINS ALLERGEN: 12

MAIN COURSES

GRILLED BEEF FILLET MEDALLIONS 36.00

ORGANIC HERB CRUSTED LAMB TOMAHAWK 34.50

DRY AGE 10oz RIBEYE STEAK 32.00

CORIANDER AND CUMIN PORK CUTLETS 24.50

ALL OUR GRILL DISHES COME SERVED WITH THICK HAND CUT CHIPS AND A CHOICE OF YOUR TASTE
OF BRANDY & PEPPERCORN SAUCE 7 (DAIRY), GARLIC BUTTER 7 (DAIRY) OR RED WINE JUS

SEARED TUNA STEAK NIÇOISE SALAD 29.50

CLASSIC FRENCH NIÇOISE SALAD WITH POTATOES, GREEN BEANS, OLIVES, EGGS TOSSED WITH VINAIGRETTE DRESSING
CONTAINS ALLERGENS: 3 (TUNA),9,11

PIRI PIRI CHICKEN BURGER 22.50

MARINATED CHICKEN FILLET, BRIOCHE BUN, GARLIC SAUCE 7 (DAIRY), LETTUCE, RED ONION, TOMATO AND HAND CUT CHIPS
CONTAINS ALLERGENS 6 (WHEAT),7

GRILLED CAULIFLOWER STEAK - VEGAN 22

EXTRA VIRGIN OLIVE OIL MASH POTATO, TOSSED SPINACH AND MUSHROOMS SAUCE



COURTYARD

HOTEL 7

SIDE ORDERS

CHEF'S SEASONAL VEGETABLES 6.50

CONTAINS ALLERGENS: 7

TOSSED ROCKED AND PARMESAN SALAD 6.50

CONTAINS ALLERGENS: 7

SPRING ONION MASH POTATO 6.50

CONTAINS ALLERGENS: 7

SAUTE MUSHROOMS AND ONIONS 6.50

CONTAINS ALLERGENS: 7

CHUNKY CHIPS 6.50

CONTAINS ALLERGENS: 7

SAUTEE BABY POTATOES 6.50

CONTAINS ALLERGENS: 7

SWEET POTATOES CHIPS 6.50

SMOKED CHEDDAR AND BACON LOADED CHIPS 6.50

CONTAINS ALLERGENS: 7

TRUFFLE MAYO AND PARMESAN CHIPS 6.50

CONTAINS ALLERGENS: 7

DESSERTS

THE DETOX CRUNCH FRUIT SALAD 7

GRAPES, APPLES, MELONS, WALNUTS AND PISTACHIO ICE CREAM

CONTAINS ALLERGENS: 5 (WALNUTS, PISTACHIO), 7,11

ICE CREAM SELECTION 7

SELECTION OF PISTACHIO, IRISH CREAM LIQUEUR AND DOUBLE CHOCOLATE ICE SERVED ON A WAFER BASKET

CONTAINS ALLERGENS: 5 (PISTACHIO)

TIRAMISU 7

COFFEE FLAVOURED ITALIAN DESSERT, MADE OF LADYFINGERS BISCUITS DIPPED IN COFFEE, LAYERED WITH

A WHIPPED MIXTURE OF EGG, SUGAR AND MASCARPONE CHEESE, FLAVOURED WITH CACAO

CONTAINS ALLERGENS: 4, 5 (TRACES), 7, 8, 9, 11

APPLE CRUMBLE 7

SOUR AND TART, YET SWEET AND SMOOTH AT THE SAME TIME, THIS WARM CRUMBLE SERVED WITH CHANTILLY CREAM IS A REAL TREAT

CONTAINS ALLERGENS: 6 (WHEAT), 7

MANGO & PASSIONFRUIT CHEESECAKE 7

BISCUIT BASE, MIXTURE OF CREAM CHEESE AND YOGHURT, MANGO FRUITS AND PASSION FRUIT PULP FOR THE ULTIMATE TROPICAL FLAVOUR

SERVED WITH MANGO COULIS AND TROPICAL SORBET

CONTAINS ALLERGENS: 6 (WHEAT), 7, 11

ALLERGEN INDEX

1 - Crustaceans, 2 - Molluscs, 3 - Fish, 4 - Peanuts, 5 - Nuts - 6 - Cereals containing Gluten, 7 - Milk/Milk Products,
8 - Soya, 9 - Sulphur Dioxide, 10 - Sesame Seeds, 11 - Egg, 12 - Celery & Celeriac, 13 - Mustard, 14 - Lupins